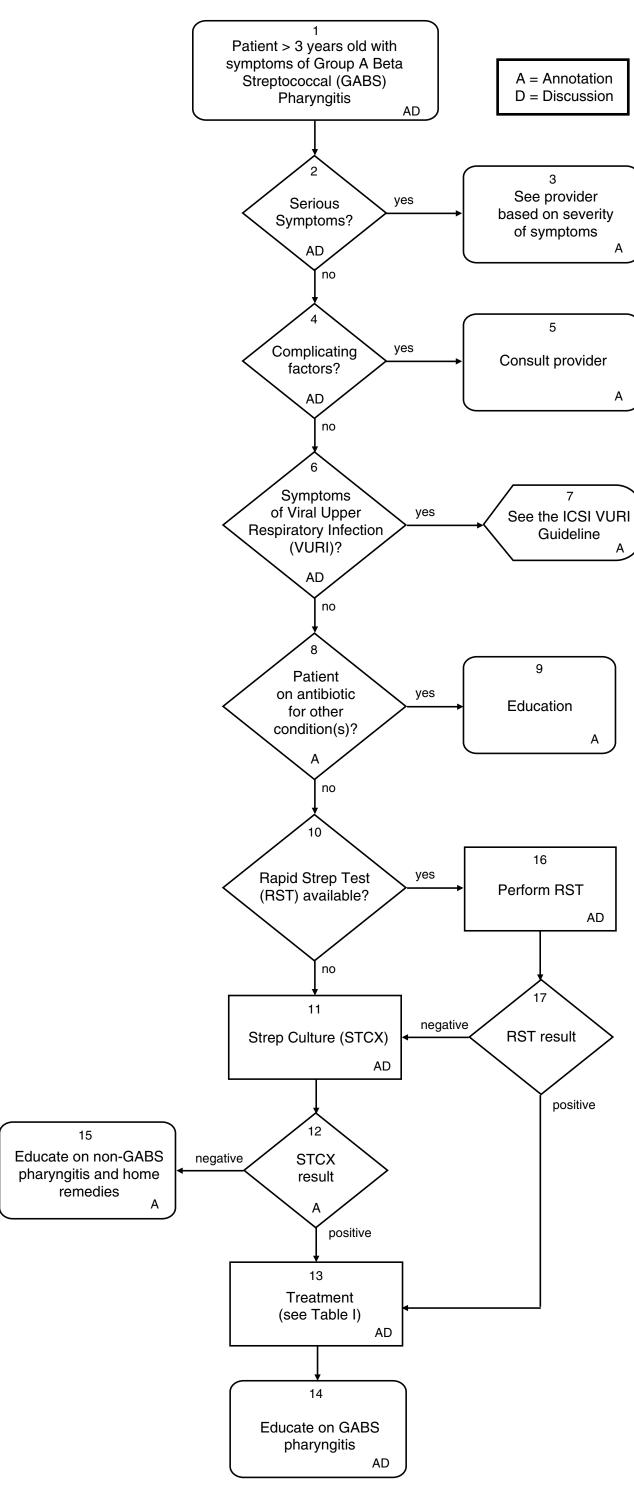
## **Acute Pharyngitis**



#### **Classic Group A Strep Symptoms:**

- 1. Sudden onset of sore throat
- 2. Exudative tonsillitis
- 3. Tender anterior cervical adenopathy
- 4. History of fever
- 5. No rhinorrhea, cough, hoarseness, or diarrhea

#### 2 **Serious Symptoms:**

- 1. Stridor
- 2. Respiratory distress (not due to congestion)
- 3. Air hunger
- 4. Drooling
- 5. Inability to swallow liquids
- 6. Trismus (inability to open mouth fully)
- 7. Severity of symptoms judged worrisome at triage

See Annotations and Discussion.

# **Complicating factors:**

- 1. History of rheumatic fever (RF)
- 2. HIV positive
- 3. Patient on chemotherapy
- 4. Immunosuppressed
- 5. Diabetes mellitus
- 6. Pregnant
- 7. Patient started antibiotics prior to diagnosis
- 8. Sore throat for >5 days duration
- 9. Persistent infection/treatment failure
- 10. Reccurrent strep pharyngitis
- See Annotations and Discussion.

### **Symptoms of VURI:**

- 1. Nasal congestion and discharge
- 2. Cough
- 3. Hoarseness

# **Commonly Prescribed Antibiotics** Not Reliably Anti-Streptococcal:

- 1. Sulfa medications (Septra, Bactrim, Gantrisin)
- 2. Nitrofurantoin (Macrodantin)
- 3. Tetracycline

### **Treatment**

Penicillin is the drug of choice. See Annotations and Discussion.